

Lone Wolf 2012

Saturday March 10, 2012

Albany High School 603 Key Route Blvd. Albany, CA 94706

Celebrating the 20th Anniversary of the Lone Wolf Tournament

The Lone Wolf
is an OPEN
Martial Arts
Tournament
All Styles and
All Systems
are Welcome



1st Time
Division Trophy

The Lone Wolf



Championship

The Lone Wolf
Features Unique
Custom Made
1st Place Cups
to the Winners
in all
Regular Divisions



1st Place Regular
Division Trophy

Promoters: Great Grand Master Wolf Hillesheim & Elizabeth Hillesheim 510.222.6778
For more Information: www.goldcupcircuit.com

- * 32 Grand Champion Divisions
- * 2 Year Age Groups for Grands
- * BONUS - Medals to ALL 9 and Under
- * Separate Boys & Girls Fighting Grands
- * Custom Awards

- * All 1st Time Divisions receive Full Size Trophies
- * Self Defense Divisions
- * Continuous Fighting Divisions

- *Registration Opens 7:30 AM
- *Referee Meeting 9:00 AM
- *Kata Divisions Begin 9:15 AM
- *First Time Kata 10:00 AM
- *First Time Kumite 10:30 AM
- *Kumite Divisions Begin 12:30 PM

Pre-Registration Ends March 3, 2012



KUMITE DIVISIONS

17 and Under divisions may be split into short and tall at the promoter's discretion (6 or more players in the division)

Division	Age Group	Gender	Rank
F-01	6 & 7 Under	Male	Novice
F-02	6 & 7 Under	Female	Novice
F-03	8 & 9	Male	Novice
F-04	8 & 9	Female	Novice
F-05	10 to 11	Male	Novice
F-06	10 to 11	Female	Novice
F-07	12 to 13	Male	Novice
F-08	12 to 13	Female	Novice
F-09	14 to 15	Male	Novice
F-10	14 to 15	Female	Novice
F-11	16 to 17	Male	Novice
F-12	16 to 17	Female	Novice
F-13	18 to 19	Male	Novice
F-14	18 to 19	Female	Novice
F-15	20 to 21	Male	Novice
F-16	20 to 21	Female	Novice
F-17	22 to 23	Male	Novice
F-18	22 to 23	Female	Novice
F-19	24 to 25	Male	Novice
F-20	24 to 25	Female	Novice
F-21	26 to 27	Male	Novice
F-22	26 to 27	Female	Novice
F-23	28 to 29	Male	Novice
F-24	28 to 29	Female	Novice

ADULT SPARRING DIVISIONS 18+ UNDER BELTS

Division	Age Group	Gender	Rank
M-01	18 to 19	Male	Novice
M-02	18 to 19	Female	Novice
M-03	20 to 21	Male	Novice
M-04	20 to 21	Female	Novice
M-05	22 to 23	Male	Novice
M-06	22 to 23	Female	Novice
M-07	24 to 25	Male	Novice
M-08	24 to 25	Female	Novice
M-09	26 to 27	Male	Novice
M-10	26 to 27	Female	Novice
M-11	28 to 29	Male	Novice
M-12	28 to 29	Female	Novice
M-13	30 to 31	Male	Novice
M-14	30 to 31	Female	Novice
M-15	32 to 33	Male	Novice
M-16	32 to 33	Female	Novice
M-17	34 to 35	Male	Novice
M-18	34 to 35	Female	Novice
M-19	36 to 37	Male	Novice
M-20	36 to 37	Female	Novice
M-21	38 to 39	Male	Novice
M-22	38 to 39	Female	Novice
M-23	40 to 41	Male	Novice
M-24	40 to 41	Female	Novice

Multiple Division Competitors - Compete in your year Age Group, and the 18-29 Age Group ONLY. You may not compete in more than 2 Age Groups.

ADULT SPARRING DIVISIONS 18+ BLACK BELTS

Division	Age Group	Gender	Rank
B-01	18 to 19	Male	1st Dan
B-02	18 to 19	Female	1st Dan
B-03	20 to 21	Male	1st Dan
B-04	20 to 21	Female	1st Dan
B-05	22 to 23	Male	1st Dan
B-06	22 to 23	Female	1st Dan
B-07	24 to 25	Male	1st Dan
B-08	24 to 25	Female	1st Dan
B-09	26 to 27	Male	1st Dan
B-10	26 to 27	Female	1st Dan
B-11	28 to 29	Male	1st Dan
B-12	28 to 29	Female	1st Dan
B-13	30 to 31	Male	1st Dan
B-14	30 to 31	Female	1st Dan
B-15	32 to 33	Male	1st Dan
B-16	32 to 33	Female	1st Dan
B-17	34 to 35	Male	1st Dan
B-18	34 to 35	Female	1st Dan
B-19	36 to 37	Male	1st Dan
B-20	36 to 37	Female	1st Dan
B-21	38 to 39	Male	1st Dan
B-22	38 to 39	Female	1st Dan
B-23	40 to 41	Male	1st Dan
B-24	40 to 41	Female	1st Dan

Note: competitors will be paired up by size and rank when possible

CONTINUOUS (10:00 Sparring Required)

Division	Age Group	Gender	Rank
CFM-01	11 to 12	Male	Novice
CFM-02	11 to 12	Female	Novice
CFM-03	13 to 14	Male	Novice
CFM-04	13 to 14	Female	Novice
CFM-05	15 to 16	Male	Novice
CFM-06	15 to 16	Female	Novice
CFM-07	17 to 18	Male	Novice
CFM-08	17 to 18	Female	Novice
CFM-09	19 to 20	Male	Novice
CFM-10	19 to 20	Female	Novice
CFM-11	21 to 22	Male	Novice
CFM-12	21 to 22	Female	Novice
CFM-13	23 to 24	Male	Novice
CFM-14	23 to 24	Female	Novice
CFM-15	25 to 26	Male	Novice
CFM-16	25 to 26	Female	Novice
CFM-17	27 to 28	Male	Novice
CFM-18	27 to 28	Female	Novice
CFM-19	29 to 30	Male	Novice
CFM-20	29 to 30	Female	Novice

First time division may be combined but, all players will be awarded a trophy.

KATA DIVISIONS

Division	Age Group	Rank
K-01	6 & Under	Novice
K-02	6 & Under	Intermediate
K-03	6 & Under	Advanced
K-04	6 & Under	Black
K-05	8 to 9	Novice
K-06	8 to 9	Intermediate
K-07	8 to 9	Advanced
K-08	8 to 9	Black
K-09	10 to 11	Novice
K-10	10 to 11	Intermediate
K-11	10 to 11	Advanced
K-12	10 to 11	Black
K-13	12 to 14	Novice
K-14	12 to 14	Intermediate
K-15	12 to 14	Advanced
K-16	12 to 14	Black
K-17	15 to 17	Novice
K-18	15 to 17	Intermediate
K-19	15 to 17	Advanced
K-20	15 to 17	Black
K-21	18 to 19	Novice
K-22	18 to 19	Intermediate
K-23	18 to 19	Advanced
K-24	18 to 19	Black
K-25	20 to 21	Novice
K-26	20 to 21	Intermediate
K-27	20 to 21	Advanced
K-28	20 to 21	Black
K-29	22 to 23	Novice
K-30	22 to 23	Intermediate
K-31	22 to 23	Advanced
K-32	22 to 23	Black
K-33	24 to 25	Novice
K-34	24 to 25	Intermediate
K-35	24 to 25	Advanced
K-36	24 to 25	Black

Chinese Male & Female

Division	Age Group	Rank
C-01	6 & Under	Novice
C-02	6 & Under	Intermediate
C-03	6 & Under	Advanced
C-04	6 & Under	Black
C-05	8 to 9	Novice
C-06	8 to 9	Intermediate
C-07	8 to 9	Advanced
C-08	8 to 9	Black
C-09	10 to 11	Novice
C-10	10 to 11	Intermediate
C-11	10 to 11	Advanced
C-12	10 to 11	Black
C-13	12 to 14	Novice
C-14	12 to 14	Intermediate
C-15	12 to 14	Advanced
C-16	12 to 14	Black
C-17	15 to 17	Novice
C-18	15 to 17	Intermediate
C-19	15 to 17	Advanced
C-20	15 to 17	Black
C-21	18 to 19	Novice
C-22	18 to 19	Intermediate
C-23	18 to 19	Advanced
C-24	18 to 19	Black
C-25	20 to 21	Novice
C-26	20 to 21	Intermediate
C-27	20 to 21	Advanced
C-28	20 to 21	Black
C-29	22 to 23	Novice
C-30	22 to 23	Intermediate
C-31	22 to 23	Advanced
C-32	22 to 23	Black
C-33	24 to 25	Novice
C-34	24 to 25	Intermediate
C-35	24 to 25	Advanced
C-36	24 to 25	Black

Weapons Open Creative Male & Female

Division	Age Group	Rank
W-01	6 & Under	Novice
W-02	6 & Under	Intermediate
W-03	6 & Under	Advanced
W-04	6 & Under	Black
W-05	8 to 9	Novice
W-06	8 to 9	Intermediate
W-07	8 to 9	Advanced
W-08	8 to 9	Black
W-09	10 to 11	Novice
W-10	10 to 11	Intermediate
W-11	10 to 11	Advanced
W-12	10 to 11	Black
W-13	12 to 14	Novice
W-14	12 to 14	Intermediate
W-15	12 to 14	Advanced
W-16	12 to 14	Black
W-17	15 to 17	Novice
W-18	15 to 17	Intermediate
W-19	15 to 17	Advanced
W-20	15 to 17	Black
W-21	18 to 19	Novice
W-22	18 to 19	Intermediate
W-23	18 to 19	Advanced
W-24	18 to 19	Black
W-25	20 to 21	Novice
W-26	20 to 21	Intermediate
W-27	20 to 21	Advanced
W-28	20 to 21	Black
W-29	22 to 23	Novice
W-30	22 to 23	Intermediate
W-31	22 to 23	Advanced
W-32	22 to 23	Black
W-33	24 to 25	Novice
W-34	24 to 25	Intermediate
W-35	24 to 25	Advanced
W-36	24 to 25	Black

Weapons Open Creative Male & Female

Division	Age Group	Rank
W-37	6 & Under	Novice
W-38	6 & Under	Intermediate
W-39	6 & Under	Advanced
W-40	6 & Under	Black
W-41	8 to 9	Novice
W-42	8 to 9	Intermediate
W-43	8 to 9	Advanced
W-44	8 to 9	Black
W-45	10 to 11	Novice
W-46	10 to 11	Intermediate
W-47	10 to 11	Advanced
W-48	10 to 11	Black
W-49	12 to 14	Novice
W-50	12 to 14	Intermediate
W-51	12 to 14	Advanced
W-52	12 to 14	Black
W-53	15 to 17	Novice
W-54	15 to 17	Intermediate
W-55	15 to 17	Advanced
W-56	15 to 17	Black
W-57	18 to 19	Novice
W-58	18 to 19	Intermediate
W-59	18 to 19	Advanced
W-60	18 to 19	Black
W-61	20 to 21	Novice
W-62	20 to 21	Intermediate
W-63	20 to 21	Advanced
W-64	20 to 21	Black
W-65	22 to 23	Novice
W-66	22 to 23	Intermediate
W-67	22 to 23	Advanced
W-68	22 to 23	Black
W-69	24 to 25	Novice
W-70	24 to 25	Intermediate
W-71	24 to 25	Advanced
W-72	24 to 25	Black

Physical Challenged All

Division	Age Group	Rank
PC-01	6 & Under	Novice
PC-02	6 & Under	Intermediate
PC-03	6 & Under	Advanced
PC-04	6 & Under	Black
PC-05	8 to 9	Novice
PC-06	8 to 9	Intermediate
PC-07	8 to 9	Advanced
PC-08	8 to 9	Black
PC-09	10 to 11	Novice
PC-10	10 to 11	Intermediate
PC-11	10 to 11	Advanced
PC-12	10 to 11	Black
PC-13	12 to 14	Novice
PC-14	12 to 14	Intermediate
PC-15	12 to 14	Advanced
PC-16	12 to 14	Black
PC-17	15 to 17	Novice
PC-18	15 to 17	Intermediate
PC-19	15 to 17	Advanced
PC-20	15 to 17	Black
PC-21	18 to 19	Novice
PC-22	18 to 19	Intermediate
PC-23	18 to 19	Advanced
PC-24	18 to 19	Black
PC-25	20 to 21	Novice
PC-26	20 to 21	Intermediate
PC-27	20 to 21	Advanced
PC-28	20 to 21	Black
PC-29	22 to 23	Novice
PC-30	22 to 23	Intermediate
PC-31	22 to 23	Advanced
PC-32	22 to 23	Black
PC-33	24 to 25	Novice
PC-34	24 to 25	Intermediate
PC-35	24 to 25	Advanced
PC-36	24 to 25	Black

First Time Kata - Male & Female

Division	Age Group	Rank
FTK-01	6 & Under	All
FTK-02	6 & Under	All
FTK-03	8 to 9	All
FTK-04	8 to 9	All
FTK-05	10 to 11	All
FTK-06	10 to 11	All
FTK-07	12 to 14	All
FTK-08	12 to 14	All
FTK-09	15 to 17	All
FTK-10	15 to 17	All

Wolf's Kempo Karate Tournament
P.O. Box 20691
El Sobrante, CA 94820-0691

Gold Cup Circuit 2012

March 10	Lone Wolf
April 21	TBA
May 19	Ultimate Internationals
July 14	San Francisco National
August 25	Rising Sun Nationals
September 22	TBA
October 13	GCC Double Point
December 1	GCC Banquet

Directions to:

Albany High School
603 Key Route Blvd.
Albany, CA 94706

From I-80 exit on Central Ave.
Rt. on San Pablo Ave.
Lt. on Brighton Ave.
Rt. on Key Route Blvd.
Albany High School
Will be on your left.

