

**KATA DIVISIONS**

Division	JKO/TKD	MALE	Kempo/Kajukenbo/Hawaiian	MALE	Chinese	MALE & FEMALE		
K-01	6 & Under	ALL Ranks	K-35	6 & Under	ALL Ranks	K-69	6 & Under	ALL Ranks
K-02	7 to 9	Novice	K-36	7 to 9	Novice	K-70	7 to 9	Novice
K-03		Intermediate	K-37		Intermediate	K-71		Intermediate
K-04		Advanced	K-38		Advanced	K-72		Advanced
K-05		Black	K-39		Black	K-73		Black
K-06	10 to 11	Novice	K-40	10 to 11	Novice	K-74	10 to 11	Novice
K-07		Intermediate	K-41		Intermediate	K-75		Intermediate
K-08		Advanced	K-42		Advanced	K-76		Advanced
K-09		Black	K-43		Black	K-77		Black
K-10	12 to 14	Novice	K-44	12 to 14	Novice	K-78	12 to 14	Novice
K-11		Intermediate	K-45		Intermediate	K-79		Intermediate
K-12		Advanced	K-46		Advanced	K-80		Advanced
K-13		Black	K-47		Black	K-81		Black
K-14	15 to 17	Novice	K-48	15 to 17	Novice	K-82	15 to 17	Novice
K-15		Intermediate	K-49		Intermediate	K-83		Intermediate
K-16		Advanced	K-50		Advanced	K-84		Advanced
K-17		Black	K-51		Black	K-85		Black
Division	JKO/TKD	FEMALE	Kempo/Kajukenbo/Hawaiian	FEMALE	Weapons/Open/Creative	Male & Female		
K-18	6 & Under	ALL Ranks	K-52	6 & Under	ALL Ranks	K-86	6 & Under	ALL Ranks
K-19	7 to 9	Novice	K-53	7 to 9	Novice	K-87	7 to 9	Novice
K-20		Intermediate	K-54		Intermediate	K-88		Intermediate
K-21		Advanced	K-55		Advanced	K-89		Advanced
K-22		Black	K-56		Black	K-90		Black
K-23	10 to 11	Novice	K-57	10 to 11	Novice	K-91	10 to 11	Novice
K-24		Intermediate	K-58		Intermediate	K-92		Intermediate
K-25		Advanced	K-59		Advanced	K-93		Advanced
K-26		Black	K-60		Black	K-94		Black
K-27	12 to 14	Novice	K-61	12 to 14	Novice	K-95	12 to 14	Novice
K-28		Intermediate	K-62		Intermediate	K-96		Intermediate
K-29		Advanced	K-63		Advanced	K-97		Advanced
K-30		Black	K-64		Black	K-98		Black
K-31	15 to 17	Novice	K-65	15 to 17	Novice	K-99	15 to 17	Novice
K-32		Intermediate	K-66		Intermediate	K-100		Intermediate
K-33		Advanced	K-67		Advanced	K-101		Advanced
K-34		Black	K-68		Black	K-102		Black

**PHYSICALLY CHALLENGED ALL**

K-110	17 & Under	Novice/Int
K-111	17 & Under	Adv/Black
K-112	18 & Over	Novice/Int
K-113	18 & Over	Adv/Black

**FIRST TIME KATA - Male & Female**  
Full Size Trophy to all Competitors

FTK-01	6 & Under	All
FTK-02	7 to 8	All
FTK-03	9 to 11	All
FTK-04	12 to 14	All
FTK-05	15 to 17	All
FTK-06	18 & Over	All

**SELF DEFENSE - Male & Female**

SD-01	9 & Under	All
SD-02	10 to 11	All
SD-03	12 to 14	All
SD-04	15 to 17	All
SD-05	18 to 44	All
SD-20	45+ Masters	Black

**2012 Gold Cup Circuit Events**

Mar 10	Lone Wolf
Apr 21	TBA
May 19	Ultimate Internationals
Jul 14	The SF Nationals
Aug 25	Rising Sun Nationals
Sep 22	TBA
Oct 13	GCC Challenge 2012
Dec 01	GCC Banquet

Visit our website for updates  
[www.goldcupcircuit.com](http://www.goldcupcircuit.com)

Register Early and Save Money

**ADULT UNDERBELTS --- MALE & FEMALE**

JKO / TKD	MALE	Kempo/Kajukenbo/Hawaiian	MALE & FEMALE		
K-120	18 to 34	Novice	K-129	18 to 34	Novice
K-121		Intermediate	K-130		Intermediate
K-122		Advanced	K-131		Advanced
K-123	35 to 44	Novice	K-132	35 to 44	Novice
K-124		Intermediate	K-133		Intermediate
K-125		Advanced	K-134		Advanced
K-126	45 & Over	Novice	K-135	45 & Over	Novice
K-127		Intermediate	K-136		Intermediate
K-128		Advanced	K-137		Advanced
K-138	18 to 34	Novice	K-144	18 to 34	Novice
K-139		Intermediate	K-145		Intermediate
K-140		Advanced	K-146		Advanced
K-141	35 & Over	Novice	K-147	35 & Over	Novice
K-142		Intermediate	K-148		Intermediate
K-143		Advanced	K-149		Advanced

**ADULT BLACK BELTS**

JKO / TKD	MALE	Chinese	WEAPONS / OPEN / CREATIVE		
K-150	18 to 34	JKO - Male	K-144	18 to 34	Novice
K-151		JKO - Female	K-145		Intermediate
K-152		Ken/Kaju - Male	K-146		Advanced
K-153		Ken/Kaju - Female	K-147	35 & Over	Novice
K-154		Chinese - Male	K-148		Intermediate
K-155		Chinese - Female	K-149		Advanced
K-156	35 - 44	JKO - Male			
K-157		JKO - Female			
K-158		Ken/Kaju - Male			
K-159		Ken/Kaju - Female			
K-160		Chinese - Male			
K-161		Chinese - Female			
K-162	45 & Over	JKO - Male			
K-163		JKO - Female			
K-164		Ken/Kaju - Male			
K-165		Ken/Kaju - Female			
K-166		Chinese - Male			
K-167		Chinese - Female			
<b>Hard Traditional Weapons</b>					
K-168	18 to 34	Weapons Male			
K-169		Weapons Female			
K-170	35 to 44	Weapons Male			
K-171		Weapons Female			
K-172	45 & Over	Weapons Male			
K-173		Weapons Female			

CASH Awards require 4 or more Competitors

**KUMITE DIVISIONS**

17 and Under divisions may be split into short and tall at the promoter's discretion (6 or more players in the division)

Division	Age	Gender	Rank	Division	Age	Gender	Rank
F-01	5 & Under	Male	Nov-Adv	FF-01	5&Und	Female	Nov-Adv
F-02	6 & 7	Male	Novice	FF-02	6 & 7	Female	Novice
F-03			Int	FF-03			Int
F-04			Adv	FF-04			Adv
F-05	8 & 9	Male	Novice	FF-05	8 & 9	Female	Novice
F-06			Int	FF-06			Int
F-07			Adv	FF-07			Adv
F-08	9 & Under	Male	Black	FF-08	9 & Under	Female	Black
F-09	10 to 11	Male	Novice	FF-09	10 to 11	Female	Novice
F-10			Int	FF-10			Int
F-11			Adv	FF-11			Adv
F-12			Black	FF-12			Black
F-13	12 to 13	Male	Novice	FF-13	12 to 13	Female	Novice
F-14			Int	FF-14			Int
F-15			Adv	FF-15			Adv
F-16			Black	FF-16			Black
F-17	14 to 15	Male	Novice	FF-17	14 to 15	Female	Novice
F-18			Int	FF-18			Int
F-19			Adv	FF-19			Adv
F-20			Black	FF-20			Black
F-21	16 to 17	Male	Novice	FF-21	16 to 17	Female	Novice
F-22			Int	FF-22			Int
F-23			Adv	FF-23			Adv
F-24			Black	FF-24			Black

**ADULT SPARRING DIVISIONS 18 + UNDER BELTS**

MALE	Age	Weight	Rank	FEMALE	Age	Weight	Rank
F-25	18 - 29	151.8&Undr	Novice	FF-25	18-29	Light	Novice
F-26		Light	Int	FF-26		132&Under	Int
F-27			Adv	FF-27			Adv
F-28	18 - 29	151.9 - 173.1	Novice	FF-28	18-29	Middle	Novice
F-29		Middle	Int	FF-29		133 to 143	Int
F-30			Adv	FF-30			Adv
F-31	18 - 29	174+	Novice	FF-31	18-29	Heavy	Novice
F-32		Heavy	Int	FF-32		144+	Int
F-33			Adv	FF-33			Adv
F-34	30 - 39	All	Nov-Int	FF-34	30+	ALL	Novice
F-35		ALL	Adv.	FF-35	30+	ALL	Int
F-36	40 +	ALL	Nov-Int	FF-36	30+	ALL	Adv
F-37		ALL	Adv.				

Multiple Division Competitors - Compete in your valid Age Group and the 18 - 29 Age Group ONLY. You may not compete in more than 2 Age Groups.

**ADULT SPARRING DIVISIONS 18 + BLACK BELTS**

MALE	Age	Weight	Rank	FEMALE	Age	Weight	Rank
BB-01	18 to 29	Light	151.8 & Under	BB-11	18-34	Fly	121&Undr
BB-02	18 to 29	Middle	151.9 to 173.8	BB-12		Feather	122 to 132
BB-03	18 to 29	Heavy	173.9 to 200.1	BB-13		Light	133 to 143
BB-04	18 to 29	S.Heavy	200.2 +	BB-14		Middle	144 +
BB-05	30 to 39	Light	151.8 & Under	BB-15	35+	ALL	All Weights
BB-06	30 to 39	Middle	151.9 to 173.8				
BB-07	30 to 39	Heavy	173.9 to 200.1				
BB-08	30 to 39	S.Heavy	200.2 +				
BB-09	40 to 49	Light/Middl	173.8 & Under				
BB-10	40 to 49	Heavy	173.9 & Over				
BB-20	50+	All	All				

ALL PLAYERS MUST WEIGH IN Male & Female Black Belts

Note: competitors will be paired up by size and rank when possible

**FIRST TIME SPARRING**

Division	Male	Female	
FTM-01	5 & Under	FTF-01	5 & Under
FTM-02	6 to 7	FTF-02	6 to 7
FTM-03	8 to 9	FTF-03	8 to 9
FTM-04	10 to 11	FTF-04	10 to 11
FTM-05	12 to 13	FTF-05	12 to 13
FTM-06	14 to 17	FTF-06	14 to 17
FTM-07	18+	FTF-07	18+

First time division may be combined but, all players will be awarded a trophy.

Gloves, headgear, foot guard, groin and mouth guard (Optional equipment: Shin guard, faceshield and chest protector)

**SPARRING - KUMITE GRANDS**

MALE	Age	Rank	FEMALE	Age	Rank
GK-14	7 & Under		GK-25	7&Undr	
GK-15	8 to 9		GK-26	8 to 9	
GK-16	10 to 11		GK-27	10 to 11	
GK-17	12 to 13		GK-28	12 to 13	
GK-18	14 to 15		GK-29	14 to 15	
GK-19	16 to 17		GK-30	16 to 17	
GK-20	18 to 29	Underbelts	GK-31	18+ Underbelt	
GK-21	30 & Over	Underbelts	GK-32	18+ Blackbelt	
GK-22	18 to 29	BlackBelt			
GK-23	30 to 39	BlackBelt			
GK-24	40 & Over	Black Belt			

COMPETITORS MUST BE PRESENT AT GRAND LINE UP OR RUN THE RISK OF DISQUALIFICATION

Compete in the same age group and belt group for the entire year

To avoid issues always wear the appropriate color belt for the division as listed

**Schedule of Events**

Doors Open at 7:30 AM  
**KATAS : 9:00 AM**  
**KUMITE: 12:30 PM**  
 FIRST TIME KATA: 10:00 AM  
 FIRST TIME SPARRING : 10:30 AM

**GRAND CHAMPIONS**  
 IMMEDIATELY FOLLOWING  
 EACH GROUP DIVISION