

**KATA DIVISIONS**

Division	JKO/TKD	MALE	Kempo/Kajukenbo/Hawaiian	MALE	Chinese	MALE & FEMALE		
K-01	6 & Under	ALL Ranks	K-35	6 & Under	ALL Ranks	K-69	6 & Under	ALL Ranks
K-02	7 to 9	Novice	K-36	7 to 9	Novice	K-70	7 to 9	Novice
K-03		Intermediate	K-37		Intermediate	K-71		Intermediate
K-04		Advanced	K-38		Advanced	K-72		Advanced
K-05		Black	K-39		Black	K-73		Black
K-06	10 to 11	Novice	K-40	10 to 11	Novice	K-74	10 to 11	Novice
K-07		Intermediate	K-41		Intermediate	K-75		Intermediate
K-08		Advanced	K-42		Advanced	K-76		Advanced
K-09		Black	K-43		Black	K-77		Black
K-10	12 to 14	Novice	K-44	12 to 14	Novice	K-78	12 to 14	Novice
K-11		Intermediate	K-45		Intermediate	K-79		Intermediate
K-12		Advanced	K-46		Advanced	K-80		Advanced
K-13		Black	K-47		Black	K-81		Black
K-14	15 to 17	Novice	K-48	15 to 17	Novice	K-82	15 to 17	Novice
K-15		Intermediate	K-49		Intermediate	K-83		Intermediate
K-16		Advanced	K-50		Advanced	K-84		Advanced
K-17		Black	K-51		Black	K-85		Black
Division	JKO/TKD	FEMALE	Kempo/Kajukenbo/Hawaiian	FEMALE	Weapons/Open/Creative	Male & Female		
K-18	6 & Under	ALL Ranks	K-52	6 & Under	ALL Ranks	K-86	6 & Under	ALL Ranks
K-19	7 to 9	Novice	K-53	7 to 9	Novice	K-87	7 to 9	Novice
K-20		Intermediate	K-54		Intermediate	K-88		Intermediate
K-21		Advanced	K-55		Advanced	K-89		Advanced
K-22		Black	K-56		Black	K-90		Black
K-23	10 to 11	Novice	K-57	10 to 11	Novice	K-91	10 to 11	Novice
K-24		Intermediate	K-58		Intermediate	K-92		Intermediate
K-25		Advanced	K-59		Advanced	K-93		Advanced
K-26		Black	K-60		Black	K-94		Black
K-27	12 to 14	Novice	K-61	12 to 14	Novice	K-95	12 to 14	Novice
K-28		Intermediate	K-62		Intermediate	K-96		Intermediate
K-29		Advanced	K-63		Advanced	K-97		Advanced
K-30		Black	K-64		Black	K-98		Black
K-31	15 to 17	Novice	K-65	15 to 17	Novice	K-99	15 to 17	Novice
K-32		Intermediate	K-66		Intermediate	K-100		Intermediate
K-33		Advanced	K-67		Advanced	K-101		Advanced
K-34		Black	K-68		Black	K-102		Black

**PHYSICALLY CHALLENGED ALL**

K-110	17 & Under	Novice/Int
K-111	17 & Under	Adv/Black
K-112	18 & Over	Novice/Int
K-113	18 & Over	Adv/Black

**FIRST TIME KATA - Male & Female**  
Full Size Trophy to all Competitors

FTK-01	6 & Under	All
FTK-02	7 to 8	All
FTK-03	9 to 11	All
FTK-04	12 to 14	All
FTK-05	15 to 17	All
FTK-06	18 & Over	All

**SELF DEFENSE - Male & Female**

SD-01	9 & Under	All
SD-02	10 to 11	All
SD-03	12 to 14	All
SD-04	15 to 17	All
SD-05	18 to 44	All
SD-20	45+ Masters	Black

**2011 Gold Cup Circuit Events**

Mar 12	Lone Wolf
Apr 30	Rumble Valley Open
May 28	Ultimate Internationals
Jul 23	The SF Nationals
Sep 10	TKO - "THE EVENT"
Oct 08	GCC Challenge 2011
Nov 26	GCC Banquet

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Register Early and Save Money

**ADULT UNDERBELTS --- MALE & FEMALE**

JKO / TKD	Novice	Intermediate	Advanced	Black	Chinese	Novice	Intermediate	Advanced	Black
K-120	18 to 34	Novice	Intermediate	Advanced	K-129	18 to 34	Novice	Intermediate	Advanced
K-121		Intermediate	Advanced	Black	K-130		Intermediate	Advanced	Black
K-122		Advanced	Black		K-131		Advanced	Black	
K-123	35 to 44	Novice	Intermediate	Advanced	K-132	35 to 44	Novice	Intermediate	Advanced
K-124		Intermediate	Advanced	Black	K-133		Intermediate	Advanced	Black
K-125		Advanced	Black		K-134		Advanced	Black	
K-126	45 & Over	Novice	Intermediate	Advanced	K-135	45 & Over	Novice	Intermediate	Advanced
K-127		Intermediate	Advanced	Black	K-136		Intermediate	Advanced	Black
K-128		Advanced	Black		K-137		Advanced	Black	
K-138	18 to 34	Novice	Intermediate	Advanced	K-144	18 to 34	Novice	Intermediate	Advanced
K-139		Intermediate	Advanced	Black	K-145		Intermediate	Advanced	Black
K-140		Advanced	Black		K-146		Advanced	Black	
K-141	35 & Over	Novice	Intermediate	Advanced	K-147	35 & Over	Novice	Intermediate	Advanced
K-142		Intermediate	Advanced	Black	K-148		Intermediate	Advanced	Black
K-143		Advanced	Black		K-149		Advanced	Black	

**ADULT BLACK BELTS**

JKO / TKD	Novice	Intermediate	Advanced	Black	Chinese	Novice	Intermediate	Advanced	Black
K-150	18 to 34	JKO - Male	Ken/Kaju - Male	Chinese - Male	K-154	18 to 34	JKO - Male	Ken/Kaju - Male	Chinese - Male
K-151		JKO - Female	Ken/Kaju - Female	Chinese - Female	K-155		JKO - Female	Ken/Kaju - Female	Chinese - Female
K-152		Ken/Kaju - Male	Chinese - Male	Chinese - Female	K-156	35 - 44	JKO - Male	Ken/Kaju - Male	Chinese - Male
K-153		Ken/Kaju - Female	Chinese - Female	Chinese - Female	K-157		JKO - Female	Ken/Kaju - Male	Chinese - Male
K-154		Chinese - Male	Chinese - Female	Chinese - Female	K-158		Ken/Kaju - Male	Chinese - Male	Chinese - Female
K-155		Chinese - Female	Chinese - Female	Chinese - Female	K-159		Ken/Kaju - Male	Chinese - Male	Chinese - Female
K-156		JKO - Male	Ken/Kaju - Male	Chinese - Male	K-160		Ken/Kaju - Female	Chinese - Male	Chinese - Female
K-157		JKO - Female	Ken/Kaju - Male	Chinese - Male	K-161		Ken/Kaju - Female	Chinese - Male	Chinese - Female
K-158		Ken/Kaju - Male	Chinese - Male	Chinese - Female	K-162	45 & Over	JKO - Male	Ken/Kaju - Male	Chinese - Male
K-159		Ken/Kaju - Female	Chinese - Male	Chinese - Female	K-163		JKO - Female	Ken/Kaju - Male	Chinese - Male
K-160		Chinese - Male	Chinese - Female	Chinese - Female	K-164		Ken/Kaju - Male	Chinese - Male	Chinese - Female
K-161		Chinese - Female	Chinese - Female	Chinese - Female	K-165		Ken/Kaju - Female	Chinese - Male	Chinese - Female
K-162		JKO - Male	Ken/Kaju - Male	Chinese - Male	K-166		Ken/Kaju - Female	Chinese - Male	Chinese - Female
K-163		JKO - Female	Ken/Kaju - Male	Chinese - Male	K-167		Ken/Kaju - Female	Chinese - Male	Chinese - Female
K-164		Ken/Kaju - Male	Chinese - Male	Chinese - Female					
K-165		Ken/Kaju - Female	Chinese - Male	Chinese - Female					
K-166		Chinese - Male	Chinese - Female	Chinese - Female					
K-167		Chinese - Female	Chinese - Female	Chinese - Female					
<b>Hard Traditional Weapons</b>									
K-168	18 to 34	Weapons Male	Weapons Female		K-170	35 to 44	Weapons Male	Weapons Female	
K-169		Weapons Male	Weapons Female		K-171		Weapons Male	Weapons Female	
K-170		Weapons Male	Weapons Female		K-172	45 & Over	Weapons Male	Weapons Female	
K-171		Weapons Male	Weapons Female		K-173		Weapons Male	Weapons Female	
K-172		Weapons Male	Weapons Female						
K-173		Weapons Female							

CASH Awards require 4 or more Competitors

**KUMITE DIVISIONS**

17 and Under divisions may be split into short and tall at the promoter's discretion (6 or more players in the division)

Division	Age	Gender	Rank	Division	Age	Gender	Rank
F-01	5 & Under	Male	Nov-Adv	FF-01	5&Und	Female	Nov-Adv
F-02	6 & 7	Male	Novice	FF-02	6 & 7	Female	Novice
F-03			Int	FF-03			Int
F-04			Adv	FF-04			Adv
F-05	8 & 9	Male	Novice	FF-05	8 & 9	Female	Novice
F-06			Int	FF-06			Int
F-07			Adv	FF-07			Adv
F-08	9 & Under	Male	Black	FF-08	9 & Under	Female	Black
F-09	10 to 11	Male	Novice	FF-09	10 to 11	Female	Novice
F-10			Int	FF-10			Int
F-11			Adv	FF-11			Adv
F-12			Black	FF-12			Black
F-13	12 to 13	Male	Novice	FF-13	12 to 13	Female	Novice
F-14			Int	FF-14			Int
F-15			Adv	FF-15			Adv
F-16			Black	FF-16			Black
F-17	14 to 15	Male	Novice	FF-17	14 to 15	Female	Novice
F-18			Int	FF-18			Int
F-19			Adv	FF-19			Adv
F-20			Black	FF-20			Black
F-21	16 to 17	Male	Novice	FF-21	16 to 17	Female	Novice
F-22			Int	FF-22			Int
F-23			Adv	FF-23			Adv
F-24			Black	FF-24			Black

**ADULT SPARRING DIVISIONS 18 + UNDER BELTS**

MALE	Age	Weight	Rank	FEMALE	Age	Weight	Rank
F-25	18 - 29	151.8&Undr	Novice	FF-25	18-29	Light	Novice
F-26		Light	Int	FF-26		132&Under	Int
F-27		Adv	Adv	FF-27		Adv	Adv
F-28	18 - 29	151.9 - 173.1	Novice	FF-28	18-29	Middle	Novice
F-29		Middle	Int	FF-29		133 to 143	Int
F-30		Adv	Adv	FF-30		Adv	Adv
F-31	18 - 29	174+	Novice	FF-31	18-29	Heavy	Novice
F-32		Heavy	Int	FF-32		144+	Int
F-33		Adv	Adv	FF-33		Adv	Adv
F-34	30 - 39	All	Nov-Int	FF-34	30+	ALL	Novice
F-35		ALL	Adv.	FF-35	30+	ALL	Int
F-36	40 +	ALL	Nov-Int	FF-36	30+	ALL	Adv
F-37		ALL	Adv.				

Multiple Division Competitors - Compete in your valid Age Group and the 18 - 29 Age Group ONLY. You may not compete in more than 2 Age Groups.

**ADULT SPARRING DIVISIONS 18 + BLACK BELTS**

MALE	Age	Weight	Rank	FEMALE	Age	Weight	Rank
BB-01	18 to 29	Light	151.8 & Under	BB-11	18-34	Fly	121&Undr
BB-02	18 to 29	Middle	151.9 to 173.8	BB-12		Feather	122 to 132
BB-03	18 to 29	Heavy	173.9 to 200.1	BB-13		Light	133 to 143
BB-04	18 to 29	S.Heavy	200.2 +	BB-14		Middle	144 +
BB-05	30 to 39	Light	151.8 & Under	BB-15	35+	ALL	All Weights
BB-06	30 to 39	Middle	151.9 to 173.8				
BB-07	30 to 39	Heavy	173.9 to 200.1				
BB-08	30 to 39	S.Heavy	200.2 +				
BB-09	40 to 49	Light/Middl	173.8 & Under				
BB-10	40 to 49	Heavy	173.9 & Over				
BB-20	50+	All	All				

ALL PLAYERS MUST WEIGH IN Male & Female Black Belts

Note: competitors will be paired up by size and rank when possible

**FIRST TIME SPARRING**

Division	Male	Female	
FTM-01	5 & Under	FTF-01	5 & Under
FTM-02	6 to 7	FTF-02	6 to 7
FTM-03	8 to 9	FTF-03	8 to 9
FTM-04	10 to 11	FTF-04	10 to 11
FTM-05	12 to 13	FTF-05	12 to 13
FTM-06	14 to 17	FTF-06	14 to 17
FTM-07	18+	FTF-07	18+

First time division may be combined but, all players will be awarded a trophy.