

THE LONE WOLF CHAMPIONSHIP HONORS GREAT GRANDMASTER AL NOVAK

Each year I take the opportunity at my annual Lone Wolf tournament to honor the Dignitaries, the Originators, those who have paved a road in Martial Arts, and those that have been a personal inspiration to me in my Martial Arts life. This year I honor a man who has been all of those to me, personally. For over 65 years Great Grand Master Al Novak has devoted his time and efforts toward the growth and improvement of the Martial Arts. In addition, he courageously honored and served this country in the major battles of WWII. Below is only a short list of his achievements.



Martial Arts Training and Contributions ≈

- ★ Kajukenbo
- ★ Judo
- ★ Silum Original with T.Y. Wong & J.Y. Lee Institute - Hayward
- ★ Shotokan Karate
- ★ Greco Wrestling
- ★ Jiu Jitsu - Kano System
- ★ Wado Ryu Karate
- ★ Wing Chun
- ★ N. CA Kung-Fu Federation Officer
- ★ Co-Founder Jun Fan Gung Fu
- ★ Author, Advanced Iron Palm
- ★ I.M.A.C.F. Officer
- ★ Co-Founder U.W.M.A. Federation
- ★ Co-Founder A.M.A.P.A.

Service to Country and Community ≈

- ★ Pearl Harbor Survivor - Submarine Service
- ★ Invasion of France – English Channel
- ★ Tokyo Bay – Japan Occupation Force
- ★ Lido Beach P.T. Boat Training with J.F. Kennedy
- ★ D-Day Invasion at Normandy
- ★ San Quentin Correctional Officer
- ★ Police Officer for 33 Years
City, State, and County

Awards and Honors≈

- ★ American Red Cross Senior Life Award
- ★ Charles Atlas Honorary Award
- ★ Living Legend Award
- ★ Jiu Jitsu Award
- ★ Featured in Black Belt Magazine 1966
- ★ Featured in Ring Magazine
- ★ CKL Hall of Fame Award
- ★ Bushido Award
- ★ Kilohana Award
- ★ Gathering of Eagles – Gold Ring
- ★ Featured in Popular Science
- ★ Featured in Inside Kung-Fu 1975 1977